



BACK 2 BASICS OTTAWA OUTLINE

SUNDAY **OCTOBER 26, 2025** – **12 & UNDER**

9:00 AM – 9:30 AM	REGISTRATION
9:30 AM – 10:00 AM	WARM UP
10:00 AM – 11:00 AM	CLASS 1
11:00 AM – 12:00 PM	CLASS 2
12:00 PM – 12:15 PM	BREAK
12:15 PM – 1:15 PM	CLASS 3
1:15 PM – 2:00 PM	LUNCH
2:00 PM – 3:00 PM	CLASS 4
3:00 PM – 3:30 PM	PHOTOS / Q&A



BACK 2 BASICS OTTAWA OUTLINE

SUNDAY OCTOBER 26, 2025 – 13 & OVER

3:00 PM – 3:30 PM	REGISTRATION
3:30 PM – 4:00 PM	WARM UP
4:00 PM – 5:00 PM	CLASS 1
5:00 PM – 6:00 PM	CLASS 2
6:00 PM – 6:30 PM	BREAK
6:30 PM – 7:30 PM	CLASS 3
7:30 PM – 8:30 PM	CLASS 4
8:30 PM – 9:00 PM	IMPROV